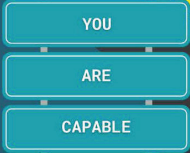


# KEY WORDS & CONCEPTS



## Session 1



### **SELF-AWARENESS**

To recognize the special qualities you possess, including your skills, interests, and priorities.



### **INTERESTS**

A person's preferred activities or hobbies.



### **SKILLS**

A person's talents or abilities.