

Session 5

Transferrable Skills & Looking Ahead

1. Look back at your Personal Reflection and Goal Planning worksheet (*Session 4*) you completed last fall after attending JA JobSpark. Familiarize yourself with your career goal and the education needed to pursue this career.

My career goal is to be a: _____

The education needed to obtain that career is: _____

2. Next, it's important to think about the transferable skills you will need for this career path and then make a plan for how you can improve these key skills. Please use the provided Skills Profiler provided by JA to find out which of these skills are needed to succeed in the career that interests you. Put a check mark in the box next to each skill that is required for that career.

3. Look at the skills required for the career that interests you. Work with a family member, teacher, or counselor to honestly assess the skills you might need to improve. Below, list 3 target skills and two strategies you will use to help strengthen it. For example, to strengthen your time management skills you might need to keep a schedule and create a to-do list, or you might learn to break projects down into smaller, more manageable steps.

Target Skill Hands-On Strategies

Skill 1: _____

Target Strategy 1: _____

Target Strategy 2: _____

Skill 2: _____

Target Strategy 1: _____

Target Strategy 2: _____

Skill 3: _____

Target Strategy 1: _____

Target Strategy 2: _____

4. Arrange an interview with a successful professional (this could be a parent, teacher, counselor, family friend, someone from church, etc). Explain which skills you are working to improve for your chosen career. Ask him/her for advice on the best way to master these skills, and how they have strengthen their skills over time in their own career. List your interviewee's suggestions below.
